

# *Youth Agency and the Culture of Law*

## **Part III: Materials and Further Resources**



## Options and Resources

### What can you do...

#### If you are facing pressure to marry or are in a forced marriage?

If you are living at home:

- You can speak to a guidance counselor, social worker or contact a community clinic such as:
  - Justice for Children and Youth (Contact: 416-920-1633 or 1-866-999-5329, Website: [www.jfcy.org](http://www.jfcy.org))
  - South Asian Legal Clinic of Ontario (Contact: 416-487-6371, Website: [www.salc.on.ca](http://www.salc.on.ca))
  - Barbra Schlifer Commemorative Clinic (Contact: 416-323-9149 ext. 234, Website: [www.schliferclinic.com](http://www.schliferclinic.com))
- You can contact helplines, such as:
  - Kids Help Phone (Contact: 1-800-668-6868, Website: [www.kidshelpphone.ca](http://www.kidshelpphone.ca))
  - Ontario Victims Support Referral Line (Contact: 1-888-579-2888 or 416-314-2447)
- You can contact your local Children's Aid Society (in Toronto, Contact: 416-924-4646, Website: [www.torontocas.ca](http://www.torontocas.ca))
- You might want to create a safety plan. Review Karine's safety plan on p. 22 of *It's My Choice: Who, If, When to Marry*.

#### If you are being forced to travel abroad, or think that you may be forced to marry while abroad:

- Register with Foreign Affairs Canada, either by contacting a Canadian government office abroad, or by visiting: <https://www.voyage.gc.ca/minroca/mobile/termsandconditions-en.htm>. Registration is free and the government will only contact you in case of an emergency, or if you ask to receive messages upon arrival at your destination.
- Provide your contact information, a photocopy of your passport photo page and birth certificate, a recent photograph of your self, and details about your travel, such as flight information to a person in Canada whom you trust.
- Identify the nearest Canadian government office abroad, and carry their contact information with you.
- Try to have some emergency cash and a cellphone with you.

### **Additional online resources:**

- If you are in a forced marriage: <http://www.forcedmarriages.ca/get-help/i-am-in-a-forced-marriage/>
- If you need emergency assistance while abroad: <http://travel.gc.ca/assistance/emergency-assistance>
- If you need more information about leaving home:
  - Video by Justice for Children and Youth: <https://www.youtube.com/watch?v=eZ6nTooLei4>